

ST. LOUIS MEN'S EMMAUS FEBRUARY 7th - 9th , 2025



*Come and experience the journey to Emmaus
as together we recognize the Lord Jesus in the Breaking of the Bread*

Luke 24:13-35

WHAT IS AN EMMAUS RETREAT?

Emmaus is a passive retreat weekend designed for men who would like to explore their own relationship with Jesus. It is hosted by a group of men who have previously participated in the retreat weekend. It is an experience where we gather to be ministered to by each other...to experience God... and to grow...

IS THIS ANOTHER ONE OF THOSE PROGRAMS FOR SAINTS?

No, any man who wishes to grow closer to the Lord will enjoy this weekend. You don't have to be Catholic, any other specific denomination or a member of St. Louis Parish to participate in Emmaus.

WHAT HAPPENS ON THE WEEKEND?

We learn how to "recognize" Jesus in our everyday lives, through witness, small group sharing and reflection time.

WHAT ARE THE BENEFITS FOR MAKING EMMAUS?

The benefits are personal to you. Many men have experienced tremendous healing and lifting of burdens, an increase of love, joy, peace, understanding, and a new sense of belonging.

HOW OFTEN IS EMMAUS HELD?

The retreat is offered twice a year, in the Winter and Summer. The number of participants is limited.

HOW MUCH DOES IT COST?

The cost of the weekend is \$200.00 and includes all meals and accommodations. If you do not have the fee, do not let that stop you. Let us know and arrangements can be made.

Space is limited, so applications are accepted on a first-come, first-served basis, determined by the date of receipt of your deposit.

St. Louis Men's Emmaus Retreat Application

FEBRUARY 7th - 9th , 2025

Name _____ DOB _____

Home Address _____ City _____ State__ Zip _____

Phones: Home _____ Cell _____ Office _____

E-Mail Address _____

Occupation _____ Married Single Divorced Separated
 Widowed

Emergency Contact Name _____ Relationship _____

Emergency Contact Phone: Cell _____ Email _____

Shirt Size: M L XL XXL XXXL

Any Health Problems We Should Know About? _____

Special Dietary Requirements? _____

Are you a member of St. Louis Catholic Church? : Yes No

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Please plan to arrive at **Morningstar Renewal Center, 7275 SW 124th Street, 305.238.4367**, between 6:00 PM and 6:30 PM on Friday, FEBRUARY 7th. The retreat will end on Sunday afternoon. Dress extremely casually, including shorts, jeans, sandals or whatever else you find comfortable. Bring your own personal toiletries (soap, toothbrush, washcloth, etc.) and, if you prefer, a pillow. Everything else will be provided. On Friday, there will be a light meal in the event that you are unable to have dinner before arriving.

Please forward this application, with a check made payable to **Saint Louis Catholic Church**, to the person who invited you. Also this can be paid in Cash or Zelle to:



305-343-4037 Registered as: RUBEN BERUMEN

If you have any questions please reach out to

John Cosomano (Retreat Leader) at (305) 793-6006, email: icosomano@gmail.com
or **Ruben Berumen (Admin)** at (305) 343-4037 email: rcberumen2010@gmail.com

Sponsor: _____